

GFUC

Geelong Indoor Season Information

2025

VENUE:

Christian College Middle School Gym
Enter via Thornhill Road
Highton

GAMES:

Tuesdays - 7.30pm to 8.30pm

COST:

\$10.00 per player, per week or \$90.00 for 10 Games, paid in Advance

WHAT TO BRING:

A Black AND a White t-shirt
Drink Bottle
Non Marking Runners

RULES:

WFDF Rules Apply

Geelong Indoor Rules:

2 x 20 Minute Halves - No Point Cap

Stall count of 7 – Continuous Play

5 Minute Half Time

Flip disc/s to see who pulls

No time outs – drink stop if needed due to numbers

Subs on the fly from centre of court – with “High Five”

Endzone is Netball Goal Shooting Arc

Point scored by tapping the Disc in the Endzone. No tap – “No Score”.

Can't throw End Zone to End Zone to Score – must be a t least 1 throw in between

Both Offense and Defense cannot stay in Endzone for more than 5 seconds

Straddle is out. The Perimeter Lines are Out. End Zone line is part of the Playing Field.

Maximum of 5 players on at a time

DRAW:

This is a “Pairs Competition”. You will be scored as a PAIR. If your Partner doesn't show up – you will only get HALF the points. Games will start as close to 7.35pm as possible. The clock will start even if you are not there. 18 weeks of Competition. At the End of every game – teams need to vote for Best Spirited Pair and Individual MVP.

OTHER:

Toilets

Water

Parking – Prefer in School

Please leave everything tidy

Please bring a BLACK and a WHITE shirt – not any other colour.

Yellow is not LIGHT etc.

Please bring correct change for \$10 Payment

FIRST AID: Ice & other First Aid Equipment – come and see me

AWARDS FOR:

Pair Spirit Award

Individual Most Valuable Player

Championship Partners

Have a great Season!